

Sex Therapy Training and Certification

Mission Statement

Texas Sex Therapy Institute is dedicated to providing accessible, quality sex therapy training to mental health and medical professionals, increasing competency, marketability and the ability to expand the scope of their practice. We are dedicated to providing quality education based on real trends, case studies and current sexual issues in society that gives students real life (practical) skills in an experiential and interactive learning environment. Our courses are taught by contemporary instructors with a fresh perspective and current understanding of today's sexual issues.

VALUE TO YOU

Enhanced ability to address and discuss sexual concerns with clients resulting in the ability to attract a broader clientele and provide more thorough services to new and existing clients.

VALUE TO YOUR CLIENTS

Improved personal relationships, confidence, and quality of lives by reducing the stress of sexual concerns and providing clients with a confidential place to talk about the most sensitive and intimate subject matter. Certification will help clients feel secure, comfortable, and confident that the therapist they choose has the skill set to meet their needs.



**“HELPING CLINICIANS MEET
CLIENT SEXPECTATIONS.”**



texas sex therapy institute

TEXAS SEX THERAPY

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TO REGISTER: www.becomeasextherapist.com/registration

Sex Therapy Education and Training

Each class is 8 hours/CEUs.

60 hours of coursework in Human Sexuality Education and
60 hours of coursework in Sex Therapy Training.

These include:

History of Sexology

Sexual and Reproductive Anatomy and Physiology

*Theories and Methods of Sex-Related Psychotherapy Dynamics
of Interpersonal Relationships*

Sexual Orientation and Gender Identities

Sexually Transmitted Infections and Safer Sex Practices

Sexual Abuse

Substance Abuse and Sexuality

Hypersexuality

Atypical Sexual Behavior

Sexual Dysfunctions

Medical Factors That May Influence Sexuality

Marital Partnering and Family Dynamics

Sex-related Assessment and Diagnosis of Psychosexual Disorders

Intervention in Relationships with Sex/Intimacy Problems

Approaches to Medical Intervention in Treatment

of Psychosexual Disorders and Sex Research

2021: Tuition Rates

For Full Certification Program:

Enrollment Deposit: \$150

Full Program Cost: \$5,000

SAR Workshop (12 CEUs Awarded): \$425

IMPORTANT DATES:

Application Deadline- January 15, 2021

Enrollment Agreement and Deposit Due- January 25, 2021

2021 Class Dates:

(All days are Required)

February 1 (async)

February 27-28 (Live Virtual Lecture)

March 1 (async)

March 13-14 VIRTUAL SAR

March 27-28 (Live Virtual Lecture)

April 1 (async)

April 23-24 (Live Virtual Lecture)

May 1 (async)

May 29-30 (Live Virtual Lecture)

*Please Note: Live virtual lectures are required and are 10-6pm CST

Other Requirements for Full Certification:

SUPERVISION

Individual Supervision is offered by approved Sex Therapy Supervisors online and live where available. TSTI will provide and facilitate the submission of supervision contracts to all applicable professional organizations. Group Supervision is offered by approved Sex Therapy Supervisors online and live where available and is held in 4-hour blocks. Limited to 4 participants per group session. Group supervision may only count toward a maximum of 50% of the 50 hours required for certification. Supervision must take place over the course of at least 12 months and no more than 24 months.

INTERNSHIP

250 direct hours required for certification.

Must be completed in a minimum of 12 months under supervision by an approved supervisor.

SAR- SEXUAL ATTITUDE REASSESSMENT WORKSHOP

This 1.5-day class is meant to help challenge and reshape your current belief system regarding your own sexuality and the sexuality of your potential clients. There are 12 CEUs awarded for this workshop.